



TITLE	AGE RANGE	TIME
Peace Cards	6-12	50-60 minutes

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### **Brief Outline:**

*Students will decorate and write Christmas cards with messages of peace for the holiday season.*

#### **PURPOSE:**

- Encourage creativity and self-expression
- Encourage reflection on the meaning of peace
- Promote discussions about how peace can be practiced in everyday life

#### **MATERIALS NEEDED:**

- Blank card (either cut into A6 size or into A5 size and folded)
- Colouring pencils, crayons, or markers
- Other decorations including stickers, sequins, or tissue paper
- Glue
- Inspiration quotes related to peace (optional)

### **Instructions**

#### **INTRODUCTION (10 MINUTES):**

- Begin by introducing the concept of peace and how it can be connected to the holiday season.
  - Share about the Christmas Truce in World War One when soldiers who had previously been fighting played football together on Christmas
- Explain that peace can mean a time without fighting and when everything is calm and quiet. It can also mean when people are treated fairly and accepted for who they are.
- Explain that students will create Christmas cards with messages of peace to share with friends or family.
- Lead a discussion on peace asking students:
  - *What does peace mean to you?*
  - *Can you think of any examples where someone has helped bring peace?*



# Classroom Resources

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## **DESIGNING OUR CARDS** (20-25 MINUTES):

- Give each student a blank card or a piece of folded card. Explain that they are going to decorate the front of the card with a Christmas theme and include a message of peace inside.
- Encourage students to consider how they can visually represent peace with symbols and words.
- Ask students to spend 15 minutes on decoration of the card and 10 minutes writing the message of peace inside the card. Encourage students with the following prompts:
  - *What is one way you can bring peace to someone?*
  - *How can you make your home or your classroom more peaceful?*
  - *What other feelings or actions are connected to peace?*

## **SHARING & DISCUSSION** (10-15 MINUTES):

- After the students have finished decorating, ask them to share their card and message of peace with those on the same table.
- Lead a discussion asking students:
  - *What were some common themes in the messages at your table?*
  - *What were some of the differences?*
  - *How can sending messages of peace make a difference?*

## **CLOSING REFLECTION** (5 MINUTES):

- Decide how best students can share their cards depending on whether these are sent to friends, family or someone else.
- End by reflecting on the various types of peace (calmness or fairness, inner or outer, local or global). Explain that peace can often ripple out like a stone dropped in a pond and that small actions can have big impacts over time.