



Practical information about the upcoming DPC-training in March 2019

What is the **Programme of the DPC – training** in Corrymeela?

The general approach to this training is that we heavily rely on the 'normal' experiences in life of the participants: How did they learn to deal with conflicts in the family, at school, in groups of friends or at work? To ensure this, we work on a safe and open working atmosphere.

On day one we generally concentrate on the nature of conflict. We work on this, like on all other days, through some information by trainers and also through reflections on own experiences. In addition to this we do many exercises, which enable participants to rephrase their own experiences – and also to a certain degree to laugh about these experiences. On the second day, we concentrate mostly on approaches to understand conflicts and their mechanisms. Some models help us in this.

The third day concentrates on communication when in conflict. As well on different ways to deal with conflict.

From that day on until the end of the training, we concentrate on real-life experiences, which are gathered from all over the world and which offer lots of opportunities to improve ways to deal with conflicts in an improved way.

We don't request participants to do any pre-reading for this training.

Trainers?

Colin Craig and Jaap van der Sar will be the trainers. Both of them are seen as founders of DPC and both of them are internationally experienced DPC-trainers and coaches. In his latest formal position Colin was Executive Director of Corrymeela. Colin has vast experience working on local, national and international conflicts and how to deal with them. Jaap was, in his latest formal position, senior staff member of Stichting Oikos, Utrecht, the Netherlands. His experiences with DPC come mostly from the 'dialogue-side' of DPC. Both lead-trainers are formally retired now. And they continue to be involved with DPC, wherever they can.

When?

The training will happen from the $\underline{24^{th}-29^{th}}$ of March 2019 at the Corrymeela Centre (Address: 5 Drumaroan Road, Ballycastle, Co. Antrim BT54 6QU) in No. Ireland. The training will run from 5.30pm on Sunday the 24^{th} until 1.30pm on Friday 29^{th} March 2019, formally also known as 'Brexit-day'.







Costs?

The Training Week costs £1,100 for participants from the UK, Euro 1.250 for all other participants. This includes full board and accommodation, full time training from experienced facilitators and all training materials. Payments will be done as indicated in the registration form.

What is it like at Corrymeela?

For more information about Corrymeela, see www.corrymeela.org

How can I get there?

We hopefully are able to provide one shuttle bus to bring you to Corrymeela and return you to the airport of your choice. However, you can also drive (and offer a lift to others too) — there is plenty of parking space. In the week leading up to the training, we will check if folks have spaces in their car to offer lifts from where they are traveling. Public Transport is not consistent or recommended. A taxi from Belfast to Ballycastle is approximately £60.

Any remaining questions?

For further information, please contact
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