

corrymeela

Identity: Learning about myself and others

Residential Programme

Key Stage 1 & 2

Group: Various sizes

Aims and Objectives:

This visit will focus on in depth sessions around Identity and Diversity to include International Café and various identity themed teambuilding activities. Pupils will learn more about their own Identity and the identity of others around them. They will explore similarities and differences with respect in a safe environment.

One School Model:

This programme is suitable for individual schools seeking to explore identity in a deep way and to complement and dovetail with work being undertaken as part of the school curriculum. It allows pupils to experience diversity within a safe setting in an International learning environment. The programme also helps to build relationships between students as part of the process of personal development and mutual understanding.

Two schools model:

This programme is a perfect fit for schools seeking to explore identity as part of a shared education programme whilst building relationships between students as part of the process of developing mutual understanding. The programme will link in with work being undertaken as part of the school curriculum and help to prepare the students for ongoing work together within the two schools.

This programme can also be facilitated as a one day residential with reduced number of sessions

Day 1

Time	Activity	Learning Outcome
10am	Arrival and Welcome	
10:30am	Settle in Icebreakers:	Settle into the session, getting to know each other a little Icebreaker to allow pupils to relax
11:30am	Group Contract To consider what it means to live in community whilst on residential, make decisions and form an agreement.	Group Agreement: create a safe space, set the tone for the session of trust, inclusion and participation
12:00pm - 1:00pm	Prep for Mini Olympics Divide the group into teams for the Mini Olympics.	Pupils will consider issues of Identity and Collective Identity. They will practice communication and negotiation skills and how to come to an agreement
Lunch 1:00pm		
2:00pm - 3:30pm	Teamwork and co-operation: Mini Olympics (15 mins each event) -Skis -Pipes -Obstacle Course -Contaminated ground -Raising the Sun -Helium stick	Working together as a team. Improve communications skills. Explore diverse ways to problem solve. Have fun together.
3:30pm – 5:45pm	Workshops around Diversity/Identity:	Pupils will rotate to complete Identity themed interactive workshops
Dinner 6:00pm		
7:00pm – 8:00pm	Mud Rock Masks	Pupils will make Mud Rock Masks in pairs. Pupils will learn about safety, being considerate of each other's feelings and

		patience and diligence in ensuring that each other's masks are properly made.
8:00pm – 9:00	Quiz	For those finished Masks and washed up
9:00pm	Worship	Group Reflection – Worship is part of the rhythm of the centre and is optional – you are very welcome to attend
Supper		

Day 2

Time	Activity	Learning Outcome
8:30am Breakfast		
9:00am	Worship	Group Reflection – Worship is part of the rhythm of the centre and is optional – you are very welcome to attend
10:00am – 10:30am	Warm up – Energiser games	Encourage pupils to warm up and bring some enthusiasm to begin the day
10:30am – 12:00	Team building- Problem Solving Horizontal Maze Key Punch Focuser & Ball Maze	More complex activities that encourage and promote problem solving skills, negotiation and teamwork.
12:00 – 1:00pm	Differences and similarities in Identity: Creative session on our Identity and others Identity. Similarities and Differences.	Discuss what identity is and what factors are included. Paired activities on similarities and differences To explore similarities and differences with respect in a safe environment
1:00pm Lunch		
2:00pm – 3:00pm	Chaos Game	
3:00pm – 3:45pm	Mask Decorating	Pupils will decorate the Mud Rock Masks that they made. The outside will represent their outer identity that they share with others and that others see and the inside will represent the parts of their identity that perhaps they haven't shared with everyone or that are not visible to all

3:45pm – 4:45pm	Prejudice & Stereotyping	Pupils will examine what Prejudice and Stereotyping are, why they exist, how to recognize them and will brainstorm how to deal with them
4:45pm – 6:00pm	International Café – An International lens on Identity Pupils will get the chance to explore different countries around the world and get a better understanding how diverse Identity and culture really is	Pupils will get the chance to explore different countries around the world and get a better understanding how diverse life is. (A diverse range of countries will be represented through our international team of Volunteers)
6:00pm Dinner		
7:00pm – 8:00pm	Nightline	The group will follow a roped obstacle course while blindfolded, assisting their teammates to encounter and overcome obstacles as they traverse the course. Objectives: To improve communication skills and build trust in a group
8:00pm – 9:00pm	Quiz	
9:00pm	Worship	Group Reflection – Worship is part of the rhythm of the centre and is optional – you are very welcome to attend
Supper		

Day 3

Time	Activity	Learning Outcome
8:30am Breakfast		
9:00am	Worship	Group Reflection – Worship is part of the rhythm of the centre and is optional – you are very welcome to attend
10:00am – 11:30am	Conflict Resolution What is conflict?	Pupils will consider what conflict is Sometimes difference can lead to conflict... Pupils will consider how to manage conflict

11:30am – 12:30	<p>Red Oak tree activity - Interdependence</p> <p>Talk about Interdependence and how we are all linked even though we are often different</p> <p>Local links</p> <p>School links</p> <p>Global links</p>	<p>What does Interdependence mean?</p> <p>Reflection, thinking about what makes you strong and resilient</p> <p>Consider links with others and if it makes you stronger and more resilient.</p>
12:30	Evaluation	Walking debate evaluation of activities
1:00pm	Lunch	
2:00pm	Depart	

Sample