

corrymeela

Moving Forward

Primary 7 Transition Residential

Group: Various sizes of primary 7 groups

Aims and Objectives:

To discuss the hopes, fears and experiences of pupils around transition
To understand the dynamics of change and how to deal with change
To build resilience and confidence in the pupils own ideas and skills
To Reflect upon and celebrate 7 years of primary school

One School Model:

This session is suitable for individual schools seeking to explore and develop capacity and resilience within their Primary 7 pupils who are moving forward towards the end of their time in Primary School. The Programme also helps to foster and reinforce supportive relationships between the pupils and a team dynamic within the year group environment, as they understand that they are all making the move together.

Two schools model:

This programme is suitable for more than one school seeking to explore and develop capacity and resilience together. It can be used for various feeder primary schools whose pupils will be going to secondary school together or for primary 7 pupils from different schools as part of a shared education programme, which helps to foster and develop Personal Development and Mutual Understanding.

This programme can also be facilitated as a one day residential

Day 1

Time	Activity	Learning Outcome
Morning Sessions	Arrival and Welcome <ul style="list-style-type: none"> • Registration • Bed plans • Cover speech 	
	Settle in Icebreakers	Settle into the session, getting to know each other a little Icebreaker to allow pupils to relax
	Group Contract To consider what it means to live in community whilst on residential, make decisions and form an agreement.	Group Agreement: create a safe space, set the tone for the session of trust, inclusion and participation
	Prep for Mini Olympics Divide the group into teams for the Mini Olympics.	Pupils will consider issues of Identity and Collective Identity. They will practice communication and negotiation skills and how to come to an agreement
Lunch 1:00pm		
Afternoon Sessions	Teamwork and co-operation: Mini Olympics (15 mins each event) -Skis -Pipes -Obstacle Course -Contaminated ground -Raising the Sun -Helium stick	Working together as a team. Improve communications skills. Explore diverse ways to problem solve. Have fun together.
	Break Juice and Fruit and Awards Ceremony	
	Identity session: Personal Shields or Tree of life	Working on Identity on an individual basis focusing on strengths, skills and resilience.
	International Café Pupils will rotate in groups around stations where they will meet an International Volunteer.	Pupils will get the chance to explore different countries around the world and get a better understanding how diverse life is.

	Pupils will get the chance to both hear about and ask questions about the Volunteer's home countries.	(A diverse range of countries will be represented through our international team of Volunteers)
Dinner 6:00pm		
Evening Sessions	Mud Rock Masks	Pupils will make Mud Rock Masks in pairs. Pupils will learn about safety, being considerate of each others feelings and patience and dilligence in ensuring that each others masks are properly made.
	Quiz	
9:00pm	Worship	Group Reflection – Worship is part of the rhythm of the centre and is optional – you are very welcome to attend
Supper		

Day 2

Time	Activity	Learning Outcome
Morning Sessions	Breakfast	
	Worship	Group Reflection – Worship is part of the rhythm of the centre and is optional – you are very welcome to attend
	X-Men	Pupils will energise and warm up with this all site game
	Spanish Armada Story – Beach treasure Hunt	Pupils will take part in an interactive story about the Spanish Armada after which they will walk down to the beach to take part in a treasure hunt to look for buried treasure
	Juice trolley and time to dry off before lunch!	
1:00pm Lunch		
Afternoon Sessions	Wool web reflection Memories from school	Pupils will reflect with the whole group, talking about their school journey and what interconnects their experience. Students will have a bracelet from the string used for the web

	Mask Decorating	Pupils will decorate the Mud Rock Masks that they made. The outside will represent their outer identity that they share with others and that others see and the inside will represent the parts of their identity that perhaps they haven't shared with everyone or that are not visible to all
	Pizza Making	Pupils will make pizzas from scratch for their dinner. A fun activity that allows the pupils to assert their independence and be creative
	Red Oak tree activity - Interdependence	Show video of Red Oaks – talk about interconnection and strength. Quiet reflection, thinking about what makes you strong and resilient, whilst colouring the tree. Finish with one word that they feel they want to share with the group.
6:00pm Dinner		
Evening Sessions	Nightline	The group will follow a roped obstacle course while blindfolded, assisting their teammates to encounter and overcome various obstacles as they traverse the course. Objectives: To improve communication skills and build trust in a group
	Disco	
9:00pm	Worship	Group Reflection – Worship is part of the rhythm of the centre and is optional – you are very welcome to attend
Supper		

Day 3

Time	Activity	Learning Outcome
8:30am	Breakfast Packing Bags & changing beds	Rooms to be clear by 10am with beds changed.

9:00am	Worship	Group Reflection – Worship is part of the rhythm of the centre and is optional – you are very welcome to attend
Morning Sessions	Transition Session	First times – building Resilience around making transition to Secondary using reflection, sharing and empowerment
	Affirmation Hands	Reflection, celebration and affirmation of the friendships from primary school, a memento that can be kept
	Evaluation	
1:00pm Lunch		
2:00pm	Depart	

Sample