

corrymeela

Moving Forward

Primary 7 Transition In-School Workshop

Group: Various sizes of primary 7 groups

Aims and Objectives:

1 hour 30 workshop

To discuss the hopes, fears and experiences of pupils around transition

To understand the dynamics of change and how to deal with change

To build resilience and confidence in the pupils own ideas and skills

One School Model:

This session is suitable for individual schools seeking to explore and develop capacity and resilience within their Primary 7 pupils who are moving forward towards the end of their time in Primary School. The Programme also helps to foster and reinforce supportive relationships between the pupils and a team dynamic within the year group environment as they understand that they are all making the move together.

Two schools model:

This programme is suitable for more than one school seeking to explore and develop capacity and resilience together. It can be used for various feeder primary schools whose pupils will be going to secondary school together or for primary 7 pupils from different schools as part of a shared education programme which helps to foster and develop Personal Development and Mutual Understanding.

Time	Activity	Learning Outcome
10 mins	Welcome and Introductions Icebreaker	Settle into the session, getting to know each other a little Icebreaker to allow pupils to relax
10 mins	Group Contract	Quick Group Agreement: create a safe space, set the tone for the session of trust and sharing stories
20 mins	Reflection Small group work	Focus upon building confidence in the pupils, in their resilience and capability to move into times of change for the first time. Pupils recognise that they have the skills to handle change well and that they are not alone.
30 mins	Sharing the load Hopes and concerns around transition. Paired work and plenary work.	A problem shared is a problem halved. Consolidation of the skills and support they have and discussion around hopes and concerns involved in moving on.
20 mins	Breaking down the wall Solution based discussion. Empowerment Finish the session with a fun activity, a visual representation of strength and empowerment.	To build capacity and a sense of team within the year group so that they also remember to support each other.