

PDMU

- > Learning through investigation, experience and guided reflection
- > Exploring their environment and the changes in it
- > Pupils will experience change and first times and learn to problem solve and offer their own solutions in a safe environment
- > Exploring the value of their own strengths and skills
- > Exploring and discussing their own and others feelings and emotions
- > Understanding that feelings and emotions change in times of change
- > Developing self-confidence and self esteem
- > Learning about supporting others – exploring their own and others feelings and emotions
- > Understanding Interdependence in the class and community and viewing themselves as a participant member

LANGUAGE AND LITERACY

- > Pupils learn how to express their own views and opinions confidently
- > Storytelling skills – tell, retell and interpret stories based on memories and personal experiences
- > Development of vocabulary to discuss emotions and feelings through talking and listening
- > Written communication skills in expressing thoughts and feelings on flip chart paper as part of a group
- > Read aloud confidently to express thoughts, feelings and emphasise the meaning of what they have read
- > Identify and ask appropriate questions to seek information, views and feelings

THE WORLD AROUND US

- > Being aware of different learning styles, thoughts and emotions of those around us in school and in the community
- > Knowing where, when and how to seek help and understanding that we all need support
- > Recognising the benefits of friends, family and the school community in being sources of help and support
- > Recognising that people are diverse and have differing beliefs that shape the way they live

TRANSITION

THE ARTS

- > Developing communication and social skills through conversation
- > Finding expression and confidence through group work and play
- > Taking part in different roles and learning how to adapt and be flexible within a team
- > Performance and fun of singing in icebreakers and feeling comfortable in being silly!
- > Developing a range of ways of communicating and expressing thoughts and feelings including, writing, drawing, singing and role-play.

PHYSICAL EDUCATION

- > Developing self-esteem through physical Adventure Learning team games
- > Working with others as part of a team
- > Developing an understanding of fairness and respect through physical activity
- > Linking Physical and outdoor education with important and integral learning experiences that are valued and discussed
- > Understanding fairness and equity through physical teamwork
- > Participate in activities and physical challenges to learn, understand and continue to develop core skills of running, jumping and throwing in a co-operative and competitive context using a variety of equipment

MATHEMATICS AND NUMERACY

- > Learning how to draw upon their own experience to solve problems
- > Developing a range of strategies for problem solving, looking for ways to overcome difficulties
- > Reflecting upon progress and goal setting for the future
- > Learning about timings and keeping track of a schedule for the duration of the workshops
- > Planning and organising work, learning to work systematically
- > Place events in order of likelihood