

corrymeela

Year 14 Transition Residential

Purpose:

The purpose of this residential is for students and teachers to reflect on their past 7 years at school together and to look towards the future. To discuss the hopes, fears and experiences of students around the transition of leaving School. To understand the dynamics of change and how to deal with change and to build resilience and confidence in the students own ideas and skills.

Aims and Objectives:

- The pupils should meet in a safe and welcoming environment
- The pupils should have fun and be able to express themselves freely
- The pupils should develop their communication and co-operation skills
- The pupils should reflect on the past and look towards the future.

Before Arrival:

- Teachers will divide students into 4 groups for the workshops, each group can choose a name for their group - something inspirational to symbolise their time at School over the past 7 years.
- The students should bring warm outdoor clothes and shoes (waterproof is possible) as some of the activities will be outside

Day 1

Time	Activity	Learning Outcome
10am	Group arrival Welcome Registration Room Allocation	Arrival at the centre, room allocation and Duty Management Site Safety talk
10:30am	Icebreakers	Getting comfortable - with each other and the Volunteers
11:15pm	Group Agreement	Create a Group Agreement with the students; they will agree on their own ideas for working well together in Community
12:00pm	Red, Blue, Green Conflict Game	To gain a greater understanding of how easy it is to create conflict even when parties know each other and trust each other. To explore the difficulties of conflict resolution and discuss strategies that may help.
1:00pm Lunch		
2:00pm	Paired walk into Ballycastle via the beach	Time in nature to provide time for reflection and discussion on the theme of their School journey. Students will be given questions to think about and talk about.
4:15pm	Wool Web activity	Students will reflect with the whole group, talking about their school journey and what interconnects their experience. Students will have a bracelet from the string used for the web.
5:15pm	X-Men game	Interactive game - students will try to find volunteers who are carrying coloured pens to get the longest line of Xs they can. Black markers wipe out the longest line!
6:00pm Dinner		
7:00 - 8:00pm	4 Corners debate	Focusing on fears and concerns for the future
8:00 - 9:00pm	Meditation	Meditation session followed by burning fears and concerns in the fire
9:00pm	Worship	Group Reflection - Worship is part of the rhythm of the centre and is optional - you are very welcome to attend
9:30pm	Camp Fire with smores in the Dell (Big Quiz if wet as standby)	Time to relax and socialize
10:30pm	Supper and Free time	Supper will be available in the Main House Dining room - Group members can take then spend free time where they would like to

Day 2

Time	Activity	Learning Outcome
8:30am	Breakfast Packing Bags and changing beds	Rooms to be clear by 10am

9:00am	Worship	Group Reflection - Worship is part of the rhythm of the centre and is optional - you are very welcome to attend
10:00am - 11:30	Adventure Learning Activities (Activities depend upon group size)	Working together as a team. Improve communications skills. Explore diverse ways to problem solve. Having fun together.
11:40 - 12:45	Group Discussion - Affirmation	Group discussion/affirmation hands session focussing on looking towards the future
12:45 - 1:00	Evaluation of their time at Corrymeela	Walking debate style evaluation on the activities that they enjoyed / didn't enjoy as much
1:00pm		
Lunch		
2:00pm	Departure	